

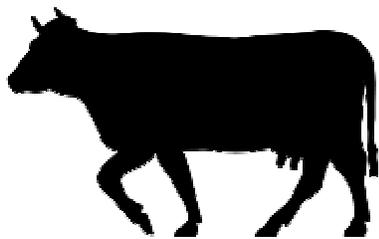
Middleton Farm CSA

Newsletter

What you can expect in this weeks share

...not a thing.

Thanks for a great season!



Spotlight: Bovines (cont.)

Having learned the terms to differentiate cattle, it is time to learn a bit about the breeds used at the farm.

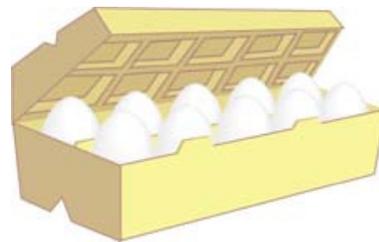
Angus became a well known breed in the recent years. They grow quickly and that yields a lot of meat. Since it is a long animal, you will get a lot of steaks out of it. Most Angus will provide 6-10 1lb porterhouse steaks.

Charolais (pronounced Char lay) are a beef breed of cattle and these get quite large. They are known for their lighter color and the large amount of muscle on the body. While this breed

only yields 4-8 porterhouse steaks, the size of the steaks will be huge. Porterhouse steaks from a Charolais average 1.5 - 2lbs and will tend to cover a dinner plate!

Lastly are the Herefords. These are similar in size to the Charolais and therefore have cuts similar in size and portion.

Tune in next time to learn how to use this info when purchasing meat online.



You may have wondered...

What is going on with the eggs?

Once a month throughout the winter, we will be meeting at the area next to the Midland Farmers Market pavilion to unload some eggs. Currently, we are aiming for the last Sunday of the month in the afternoon.

If you are interested in purchasing eggs, please contact Matt with how many dozens you would like so he can bring the correct amount. Also, if you know others who are interested in getting farm fresh eggs, please refer them to us!

Check the website for information for specific times and dates.



Wanted!

Keep us in mind during the winter months!

Egg cartons - it would be great if those who have extra cartons would **recycle** them back into the farm. We appreciate those of you who did bring back cartons to be refilled!

Freezer -Currently there is a need for a freezer that has at least 18 cu. ft. for storage. So if you are upgrading or know someone who is, please think of us!

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Working Share Members - Currently we have a few more working shares available and would like to have them filled before the next crop comes in. Still need 4 or 5 people!

Charities - Last year we donated 2000lbs (1 ton) of food to charity and are interested helping more! If you **belong** to a charity with a food pantry or have a very active volunteer group willing to work, please let us know!

Also, if you are willing to help sponsor a harvest share for a needy family, please contact Matt. If a few members kick in some support toward one harvest share, we can help bring fresh produce to someone in need.

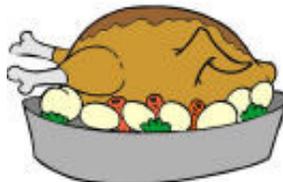
Support! - Please support those businesses that carry Middleton Farm products! We can now be found in Midland at Jack's Fruit Market and Nature's Gifts Organic Market.

Testimonials! - Your testimonial is helpful in keeping the CSA going! If you have the time, we would love to get a shout out from you!

THE TURKEYS ARE COMING! THE TURKEYS ARE COMING!

For those of you who have purchased turkeys for your Thanksgiving table, time to get prepared for deliciousness!

November 21st and 22nd are going to be the delivery days for the finished turkeys. If you have any questions or want to get set up for next year, contact Matt Middleton!



Pin the tail on the...Goalpost?

Since the football season is underway, consider this twist on the usual Pin the Tail on the Donkey game! What you will need is:

White poster board
Brown construction paper
White construction paper
Scissors
Black marker
Blindfold
Double-sided tape

Using the scissors, cut the white poster board into the shape of a goalpost and adhere to the wall using the double stick tape. (Another option is to place the entire sheet of poster board onto the wall and draw the goalpost.)

Cut out footballs and using the brown and white construction paper to make the white lacing and stripes. With the black marker, put each player's name on their football(s) and on the back place a small piece of the double stick tape.

Blindfold each player and spin them six feet away from the wall. Play several rounds with each goal scoring 3 points. Highest score wins!



Contact Us!

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