

# Middleton Farm's Newsletter

September 2012

## How Long You Can Expect Your Harvest Share...

Every year, the length of the harvest season changes. Usually, we predict around 13 to 16 weeks given the climate in the Central Michigan region.

Since we had the very hot temps this summer, (which was awesome), but a lack of water, (which wasn't) we are hoping that we will have 3 or 4 more weeks left of harvest. This is unless there is a frost, which will kill the plants.

So we are seeing the end of string beans, cucumbers, and broccoli, but keep an eye out for the tastes of autumn: Brussels sprouts and carnival squash!

So keep your winter squash recipes close by! You will be needing them for the next couple of months.



## Sign ups!

Middleton Farm has a lot of things to sign up for this coming season.

Sign up for the **winter egg shares** is coming up. As the harvest season comes to a close, the winter egg shares will be coming up! If you want farm fresh eggs during the winter months, keep a look out on the webpage. Availability will be limited.

We have just bred for **Brittany puppies** again! If you are interested, they will be here fairly soon. They cannot be registered AKC but they will be purebreds. Prices range around \$100 - \$150. Contact Matt for info!

Lastly, as this year comes to an end, we would like for everyone to consider if they will be keeping their **Harvest Share** spot for next year. Sign ups for this won't be happening until 2013, however, we do have a waiting list. So prepare suggestions, talk with your family and reflect on this past season to determine if being a CSA member is right for you!

## Chicken Sightings!

This year, Middleton Farm has decided to include a chicken to the harvest shares!

Everyone should be getting one toward the end of the month!

## Like us? Then Like Us!

This year, we have decided to add a Facebook page. Almost everyone has a Facebook account and this is a faster way to get to know us better!

You can like us via our website or you can go directly to Facebook and type in Middleton Farm CSA in the search bar. (Make sure you type in "Middleton Farm CSA", there are others in different states!)



Why don't they have a fish CSA?

## I'm Farming and I Grow it

Lyrics from Peterson Farm Bros

When I'm up at seven,  
the sunrise gives me a  
glimpse of heaven.  
I get right to work,  
a farmer's life can be a little  
berserk. (yeah)  
This is how I roll,  
I feed the cattle till their  
stomachs are full.  
Treat 'em right, that's my  
belief,  
What's for dinner? I say beef!

Gotta feed everybody  
Gotta feed everybody  
Gotta feed everybody  
(Uh-Huh)  
I work out (side!)

Gotta feed everybody  
Gotta feed everybody  
Gotta feed everybody  
(Uh-Huh)  
I work out (side!)

When I step to the bunk  
(yeah)  
This is what I see  
(Uh-huh)  
All the hungry cattle are  
staring at me.

I got passion for my plants  
and I ain't afraid to show it  
show it  
show it  
show it  
I'm farming and I grow it.  
I'm farming and I grow it.

When I'm in my tractor, I got  
more power than an arc  
reactor.  
And when I'm in the field, I  
try to raise crops to  
maximum yield.

This is how I roll, without me  
the world would be outta  
control.

The hours I work, there is no  
equal.

Gotta feed the mouths of  
hungry people.

Gotta Feed Everybody  
Gotta Feed Everybody  
Gotta Feed Everybody  
(Uh-Huh)  
I work out (side!)

Gotta Feed Everybody  
Gotta Feed Everybody  
Gotta Feed Everybody  
(Uh-Huh)  
I work out (side!)

When I step to the bunk  
(yeah)  
This is what I see  
(Uh-huh)  
All the hungry cattle are  
staring at me.

I got passion for my plants  
and I ain't afraid to show it  
show it  
show it  
show it  
I'm farming and I grow it.  
I'm farming and I grow it.

Water, water, water, water,  
water (yeah)  
Water, water, water, water,  
water (yeah)  
Water, water, water, water  
(yeah)  
Water, water, water, water,  
water (yeah yeah)

Cattle need water, man.  
Crops need water, man.  
We all need water, man.

I'm farming and I grow it.

<http://www.youtube.com/watch?v=48H7zOQrX3U>

## Sautéed Patty Pan with Basil and Feta

Ingredients:

1 Tbsp olive oil  
4 cups baby patty pan  
squash, halved  
(about 18 ounces)  
2 cups sliced leeks  
(about 2)  
1/2 tsp salt  
1/8 tsp freshly ground black  
pepper  
3 Tbsp feta cheese  
2 Tbsp finely chopped fresh  
basil

Preparation:

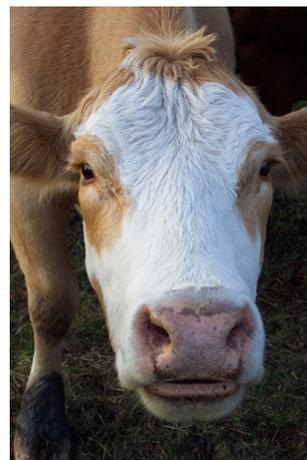
Heat a large nonstick skillet  
over medium-high heat. Add  
oil to coat the pan and heat  
until hot, about 20 seconds.

Add squash and leeks to the  
pan and sauté 5 minutes or  
until tender, stirring  
frequently.

Stir in salt and pepper.

Transfer squash mixture to a  
serving platter. Sprinkle with  
feta and basil.

Recipe from MyRecipes.com



## Middleton Farm CSA

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