

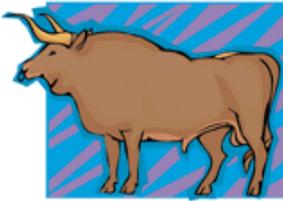
Middleton Farm CSA

Newsletter

What you can expect in this weeks share

...not a thing. Egg shares will continue to be distributed until the markets end. See website for details!

Thanks for a great season!



Spotlight: Bovines

Did you know that there are many terms used in the world of cattle farming? Learning these differences can help you learn more about where your meat comes from and how to make educated decisions when choosing product.

Male cattle can be split into two types, bulls and steers. Bulls are intact and put on weight very quickly. However, because of their temperament, they can be difficult to keep on the farm. Steers are fixed so their temperament is calmer. They put on weight slightly slower than bulls.

Within the females, there are heifers and brood cows. Heifers have never had a calf and won't get very big. Brood cows have had calves and are used mainly for that purpose.

Lastly are the feeders. These are weaned calves that are purchased by farmers to be fed!

You may have wondered...

This year the season did pretty well considering the late start. Rainy weather fought all planting attempts and the high heat damaged some crops. Added to that were a few thunderstorms and some pesky creatures. Because of these things, the crop list posted on the website could not be 100% accurate. However, it is still a good representation of what is attempted to achieve in the season.

Next year, we will be incorporating other farmers to increase production as well as allow us to specialize in those vegetables that we do well. However, we are in need of feedback as to what plants were of most use to our members. The

information may help determine the direction the crop list may take. Look for the 2012 crop list on the website in February.

New for next year!

As noted on the website, hard work has gone into three big changes for next year! While the details are still being worked out, it's too exciting to keep this info to ourselves!

First, Middleton Farm is working with 3 other farms to provide more variety in what is offered in the harvest shares as well as stability in how often you will be able to find them in the harvest share.

Second, there will be a new add-on next year. Currently, only the egg add-on is offered but now there will be a goat cheese share! Price hasn't been determined yet, however, in the works is a possible 5 week and a 10 week add-on and each delivery will most likely consist of a 6oz portion per delivery.

Lastly, for those interested, goat meat will

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also be offered next year. As with the goat cheese, details on this item will be coming at a later date.

So keep an eye on the website for further updates and information on these new additions!



Wanted!

Keep us in mind during the winter months!

Egg cartons - it would be great if those who have extra cartons would recycle them back into the farm. We appreciate those of you who did bring back cartons to be refilled!

Freezer - Currently there is a need for a freezer that has at least 18 cu. ft. for storage. So if you are upgrading or know someone who is, please think of us!

Working Share Members - Currently we have a few more working shares available and would like to have them filled before the next crop comes in.

Charities - Last year we donated 2000lbs (1 ton) of food to charity and are interested helping more! If you **belong** to a charity with a food pantry or have a very active volunteer group willing to work, please let us know!

Feedback - We would appreciate any comments, questions, complaints or suggestions. Let us know how the harvest share went this year for you and if you have any ideas to make it better! Recipe ideas can be shared on the website!

Notification! - If you plan on coming back next year, please let Matt Middleton know! If you haven't notified Matt of your returning membership for next year, **you will lose your spot!** Oct 15th is the deadline! See the website for more details.

Support! - Please support those businesses that carry Middleton Farm products! We can now be found in Midland at Jack's Fruit Market and Nature's Gifts Organic Market.

Thanks for all your help in filling these needs!

Old West Harvest Fest!

Got plans for this warm weekend? If not, consider driving up to Coleman to visit the Salt River Stables, home to the Old West Harvest Fest!

Admission is \$5 per person and there are many activities in which everyone can participate!

Find your Halloween pumpkin at the pumpkin patch! For a dollar, you can try your hand at panning for gold! Visit the Trading Post and turn in your gold for treats! With a two acre corn maze, you can make an entire day of the trip!

Visit their website for more information!
www.oldwestharvestfest.com



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